

Good morning, Gateway! Welcome to the Gateway Broadcast News (GBN). Today is Thursday, September 19, 2024.

_____ Good morning, everyone! September is Suicide Prevention Month and it's a time to remind each other that you matter. Every single one of you is important, and there's always someone here to listen. If you ever feel down or need to talk, remember you're not alone—your friends, teachers, and counselors are here for you. Don't be afraid to ask for help when you need it, and let's support one another by being kind and caring every day. Did you know there's a number you can call if you're feeling really sad, worried, or just need to talk to someone? It's 988—a special hotline where trained people are ready to listen and help. You can call or text anytime, and it's free and confidential. Remember, it's okay to ask for help when you need it, and there's always someone who cares.

_____ Happy Hispanic Heritage Month! 🇵🇷 🇲🇺 Today we're celebrating the rich music and dance styles from Hispanic cultures. Have you ever heard of salsa, bachata, or mariachi music? These are just a few of the vibrant musical styles that bring joy to celebrations all over Latin America.

_____ Cell phones need to be off and away throughout the school day. Using your phone during class time or in the hallways disrupts your learning and that of others. If your phone is out when it shouldn't be, it will be confiscated, and you'll have to pick it up at the end of the day from the office.

_____ As you all know, our kickoff spirit assembly is happening on Friday, September 20th, and we're eager to see which grade has the most school spirit. Don't forget to wear your Guardian Wear or the color blue to the assembly tomorrow! It's your chance to represent your grade and show off your Gateway Guardian pride. We're excited to see everyone's spirit and enthusiasm. Make sure you're ready to bring it tomorrow!

_____ Calling all 7th and 8th graders! Are you interested in participating in a relay race during this Friday's assembly? If so, stop by Mrs. Richards classroom, room 306 today to sign up today!

_____ Calling all Guardian Chefs! Do you enjoy cooking, baking, and trying new recipes? Well, if you do, then Virtual Cooking club is for you! Applications can be found in the kiosk outside of the counseling office or in room 413. We meet every Wednesday from 4-5 via zoom. Once your application is approved, you will be added to the email distribution list. Recipes are sent out the Friday before each meeting so that you can have the necessary supplies ready to cook with us. Please email or see Mrs. Weber in room 413 if you have questions. The first Cooking Club meeting will be October 2, so sign up today!

_____ Attention athletes: Next Friday, September 27, is the first athletic grade check, so take time to check your grades and catch up on any missed assignments now.

Remember, Students, to be kind and respectful – it's the GATEWay!